



CONTEXTUAL PROGRAM DESIGNS

15 Augusta Walk Avenue, Greenville, SC 29605 • 952.334.9513 • paulxtell@mac.com • paulxtell.com

Foundations for Being Remarkable

A Virtual Training Program for
Individual and Group Effectiveness

Upcoming Programs:

All 8 a.m. to 12 p.m. PST

January 20, 21, 22, 2026

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March 10, 11, 12, 2026

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June 16, 17, 18, 2026

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August 25, 26, 27, 2026

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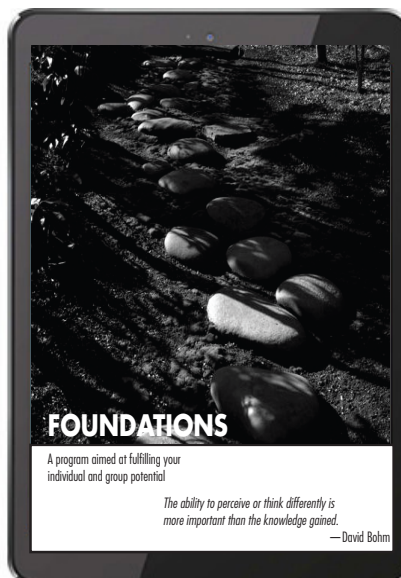
September 22, 23, 24, 2026

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\$450 (\$300 for past participants)

payable after program is over

Includes a digital copy of the **Foundations** reference manual.





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Foundations for Being Remarkable

There are about seventy ideas that allow people to be effective individually and in groups. In this program we will cover fifteen to twenty of the most powerful, including:

- **Perspective:** Effective people always have an empowering mindset working. If they are not looking forward to something, they find a new perspective. Changing perspective is an easy way to change behavior. We will work with the two most powerful perspectives to embrace as well as allow you to collect the seven perspectives that mean the most to you.
- **Conversation:** We raise our kids with conversation. You manage your people and create relationships with your clients with conversations. Influence is centered on your ability to lead and participate in group conversations. Leadership is a conversational phenomenon. What conversations do people associate with you? Is that how you want to be seen?
- **Personal and Group Effectiveness:** We will cover the seven ideas at the heart of creating and enhancing relationships. Giving people the experience of being heard is the most important interpersonal skill. Most relationships are running down or losing safety, richness, and aliveness. Effective people constantly add attention and energy to their most important relationships.
- **Meetings:** Effective meetings happen between strategy and this week's actions. An organization that has true competency in group conversations has a competitive edge.
- **Focus:** You are already productive. Still, there is room to grow if you gain clarity about where to focus and reclaim your ability to get lost in what you are doing. Most people think they are operating at 110 percent. Upon reflection, most of us realize we have more to give. One way I like to describe the Foundations program is: This is about five times more accomplishment with fewer hours and less stress.

We will also touch on many more ideas for personal development, which are included in the books you'll receive as part of the program. Overall, I think you will find the ideas to be simple common sense that is missing. Additionally, we will address the issue of how you work with these ideas over time because you will leave the program with awareness of the ideas, but awareness isn't instinct, which is what we want.

One last thing: I'm willing to engage with you individually after the program to ensure you get the value you expect.